

## Central Location

Free Child Care  
Free Wi-Fi  
Lap Pool  
Family Swimming Pool  
Jacuzzi/Sauna  
Steam Room  
Basketball Courts  
Volleyball/Walleyball Courts  
Running Track  
Aqua Aerobics  
Aerobics  
Cardio/Treadmills  
Weight Machines  
\*Racquetball  
\*Tennis  
\*Pilates  
\*Personal Training  
**\*Tanning**  
**\*24-Hour Access**  
  
\*Added Fees Apply

## Central Hours

Monday –Thursday 5:00 a.m. - 10:00 p.m.  
Friday 5:00 a.m. - 8:00 p.m.  
Saturday 8:00 a.m. - 6:00 p.m.  
Sunday 8:00 a.m. - 8:00 p.m.

**1600 7th St.  
Sioux City, IA 51101  
(712) 255-7659**

## North Sioux City

Cardio Equipment  
Treadmills  
Weight Machines  
Free Weights  
Aerobics  
Jacuzzi/Sauna  
Free Wi-Fi  
\*Personal Training  
**\*Tanning**  
**\*24-Hour Access**  
  
\*Added Fees Apply

## North Sioux City Hours

Monday –Friday 10:00 a.m. - 6:30 p.m.  
Saturday 24 Hour Access  
Sunday 24 Hour Access

**120 Gateway Dr.  
N. Sioux City, SD 57049  
(605) 232-6906**

## Pierce St

Cardio Equipment  
Treadmills  
Weight Machines  
Free Weights  
Free Wi-Fi  
\*Personal Training  
**\*Tanning**  
**\*24-Hour Access**  
  
\*Added Fees Apply

## Pierce Hours

Monday –Friday 10:00 a.m. - 6:30 p.m.  
Saturday 24 Hour Access  
Sunday 24 Hour Access

**2600 Pierce St.  
Sioux City, IA 51104  
(712) 224-3434**

## Morningside Location

Cardio Equipment  
Treadmills  
Circuit Training  
Weight Machines  
Free Weights  
**\*Tanning**  
**\*24-Hour Access**

\* Added Fees Apply



## 24-Hour Access Fees

### One-time Activation Fee<sup>†</sup>:

1 person	
1 location	\$30.00
2 or more locations	\$45.00
2 people	
1 location	\$45.00
2 or more locations	\$67.50
3 people	
1 location	\$60.00
2 or more locations	\$90.00

<sup>†</sup>One time activation fee while contract remains current. All prices subject to tax



Central  
1600 7th Street  
Sioux City, IA 51101  
712.255.7659

North  
120 Gateway Dr Suite 5  
N Sioux City, SD 57049  
605.232.6906

Pierce St  
2600 Pierce Street  
Sioux City, IA 51104  
712.224.3434

Morningside  
4240 Hickory Lane  
Sioux City, IA 51106  
712.224.3451

Visit us on the web at  
[www.fourseasonshealthclub.com](http://www.fourseasonshealthclub.com)



## JOIN OUR FAMILY OF CLUBS

**CENTRAL LOCATION**

**NORTH SIOUX CITY**

**PIERCE ST**

**MORNINGSIDE**

*Proudly Serving Siouxland Since 1986*

**Morningside Hours**  
Monday –Friday 10:00 a.m. - 6:30 p.m.  
Saturday 24 Hour Access  
Sunday 24 Hour Access

**4240 Hickory Lane**  
**Sioux City, IA 51106**  
**(712) 224-3451**